

Cariboo Regional District
CARIBOO REGIONAL DISTRICT



Reminder: CRD Transfer Station Summer Hours Now in Effect

Visit the CRD website to learn more about solid waste management in your area and download a copy of the schedule for a transfer station near you.



cariboord.ca/tshours



cariboord.ca/tshours

Laugh Lines

Why couldn't the bicycle stand up by itself? Because it was two-tired!

Why did the tomato turn red? Because it saw the salad dressing!

What do you call an alligator in a vest? An investigator!

What do you get when you cross a snowman and a shark? Frostbite!

Why do chicken coops only have two doors? Because if they had four, they'd be a chicken sedan!

What did one hat say to the other? You stay here, I'll go on ahead!

I used to play piano by ear, but now I use my hands.

What do you call a fake noodle? An impasta!

Why don't scientists trust atoms? Because they make up everything!

What do you call a boomerang that doesn't come back? A stick!

The Dogs Bark
 Grooming Parlour



Text or Call Andrea
250-808-2716

Unit 3 - 460 S. Birch Avenue (Birch Centre)

Sudoku #1 Solution

2	3	1	4
1	4	2	3
3	1	4	2
4	2	3	1

SUDOKU #2 (medium)

Fill in the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1 to 9. Solution on Page 8)

4				1	5	8		
	6		8		3			4
5	8		2			6		3
		3		2		1	7	5
1		4						
								2
9			5			4	3	
7					1		6	9
		6		8				1



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Don't call it pole dancing

The colourful tradition of the May Pole dance has come to be associated with Victoria Day in Canada, but its origins are found in pagan Celtic and Germanic spring fertility rites.

Young maidens skipping around the pole would create a braid of colourful ribbons and the May Queen, a young woman chosen to represent the coming of spring and the renewal of nature, would be crowned.

The Celtic people called their celebration Beltane. It was known as Walpurgisnacht to Germanic tribes, after Saint Walpurga, an 8th-century missionary who was canonized on May 1.

What to do when you are lost in the woods

You are out for a nice hike in the Cariboo countryside when you take a wrong turn down an animal trail and find yourself deep in the woods, without cell service, and unsure of your location. What to do? These tips can help you get home safely:

Stay calm: The first and most important thing to do when you realize you're lost in the woods is to stay calm. Panicking can cloud your judgment and make it difficult to think clearly. Take a deep breath and try to stay focused.

Stay in one place: If you keep moving, you'll make it more difficult for rescuers to find you. Instead, find a safe spot to wait for help. Look for a clear area with natural shelter, such as a cave, rock overhang, or dense foliage.

Make yourself visible: Once you've found a safe spot, make yourself as visible as possible to search and rescue teams. Use anything you have on hand to create a signal, such as brightly colored clothing, a whistle, or a mirror. If you hear rescue teams nearby, use your whistle or shout to attract attention.



A knife, flashlight, or compass could save your life if you are lost.

To find a spot where rescuers can find you, follow this advice:

Orient yourself: Look for natural landmarks such as mountains, rivers, or large trees. Take note of the moss on trees. It grows on the north side of the trunk in the Northern Hemisphere.

Use the sun: In the Northern Hemisphere, the sun rises in the east and sets in the west. If you can see the sun, you can use it to determine which direction you need to go.

Follow water: If you're near a stream or river, follow it downstream. It will usually lead to civilization or a road. Be careful when crossing water. Getting wet increases hypothermia risk.

Leave markers: As you move, leave markers to help rescuers find you. Use sticks, stones, or brightly colored clothing to mark your path. Make sure the markers are visible and easy to follow.

Stay warm and dry: In the woods, weather can change quickly, and being cold and wet can be dangerous. Build a fire if possible, or find natural shelter to stay dry. Keep moving to stay warm but be careful not to get sweaty over exerting yourself.

Remember, staying put and waiting for rescue may be the best option, especially if you're injured or don't know the area.

Whenever you are in the woods there is a risk of getting lost or injured. Carry these items in the event of a worst-case scenario:

Essentials:

- Compass
- Lighter and tinder (steel wool is a good choice for tinder)
- Signal mirror
- Knife and whistle
- Water and emergency food supply
- Packable rain jacket or poncho

Smart-to-haves:

- Flashlight or headlamp
- Emergency locator beacon
- Topographic map of area
- Emergency blanket
- GPS

If you can get a signal on your mobile phone, it can be 'pinged' by searchers to help locate your position, but not if you run down the battery. Call 911 to let them know you need help, stay put, be patient, and keep warm.

Skywatcher's Almanac

May 1 - Sunrise 5:37 am Sunset 7:29 pm

May 5 - Full Moon **May 19**- New Moon

May 30 Sunrise 4:54 am Sunset 9:13 pm

(Sunrise/Sunset times for 100 Mile House and area)



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Early ripening greens for your garden

Fresh, leafy greens are great for your health! Here are some of the earliest ripening varieties to consider planting in Cariboo gardens:

Spinach: Spinach is a cool-weather crop that can be planted as soon as the soil can be worked in the spring. It can be harvested in as little as 4-6 weeks after planting.



Spinach ripens quickly and is a great early season green for your garden.

Arugula: Arugula is another fast-growing green that can be harvested in as little as 4 weeks. It has a slightly spicy flavor that makes it a popular addition to salads and sandwiches.

Lettuce: Lettuce is a cool-weather crop that can be harvested in 4-6 weeks after planting. There are many different varieties of lettuce, from loose-leaf to romaine, that can be grown in northern climates.

Mustard greens: Mustard greens are a quick-growing green that can be harvested in as little as 3-4 weeks. They have a slightly bitter flavor that pairs well with sweeter greens in salads.

Emily's efforts connect Big Apple boroughs

On May 24, 1883 the iconic Brooklyn Bridge opened in New York City, connecting Manhattan and Brooklyn. The bridge's completion was aided by Emily Roebling, who stepped into the chief foreman role when her husband Washington was left bedridden after suffering decompression sickness while supervising work on the bridge foundations. Her engineering knowledge and managerial competence was critical to the project's success. Today she is famous for her achievements and lifelong leadership for equality.





Sunday Song Circle / Jam

It's all about FUN and being in community!

• Alternating Sundays: Apr. 23, May 7, May 21, Jun. 4, Jun. 18

- 2pm to 4pm
- @ 108 Community Hall
- \$3 drop in fee



"The arts... are a very human way of making life more bearable. Practicing an art, no matter how well or badly, is a way to make your soul grow. Sing in the shower. Dance to the radio. Tell stories. Write a poem to a friend, even a lousy poem. Do it as well as you possibly can. You will get an enormous reward..." - Kurt Vonnegut.



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"No Shakespeare plays yet, but we are getting some pretty good blog posts." image courtesy: Breakthrough Visuals



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Word Finder Answers: Flower Power

H	O	S	T	A	F	Z	P	E	O	N	Y	S	J	K	Q	C	I
F	L	U	R	S	I	N	I	A	X	M	O	A	G	N	U	J	R
D	D	E	C	H	I	N	A	C	E	A	R	F	E	S	I	G	I
W	F	F	O	W	K	E	R	F	O	S	C	F	R	C	N	J	S
N	O	V	D	B	N	X	P	B	H	P	H	R	A	R	C	H	J
Q	X	I	Y	A	R	R	O	W	N	Q	I	O	N	O	E	X	A
R	G	O	M	F	I	T	U	L	I	P	D	N	I	C	K	X	S
O	L	L	I	W	I	S	T	E	R	I	A	G	U	U	V	Y	M
S	O	E	O	N	A	S	T	U	R	T	I	U	M	S	L	R	I
E	V	T	B	R	O	O	M	M	A	R	I	G	O	L	D	I	N
M	E	Z	G	A	A	S	T	E	R	E	C	C	S	S	P	S	E
P	F	E	M	D	A	I	S	Y	Y	R	K	A	L	M	I	A	D

WORD FINDER - MUSIC MAKERS

S A N T A N A Y W K N R Q I Y G F J
 H Z N B V X T C E B F W E D E V O S
 T S A Z E M B F V S E A G L E S R G
 K A Z H N O W Q U E E N S H K E L E
 I B A P O V M H K C R T R O G G S N
 N B R O M X X U L T R A V O X L K E
 K A E U Y V Q E I D L E S X R O N S
 S F T L M O T O R H E A D H U R F I
 R K H T Z A P P A R S B J H S D O S
 Y S B E A T L E S F Z C A A H E Z V
 S F A H F U G A Z I R Q M C A R S G
 G H E A R T D F P I X I E S O M D R

(ANSWERS - PAGE 8)

ABBA	HEART	OMD	VENOM
BEATLES	IDLES	PIXIES	XTC
CARS	JAM	QUEEN	YES
DEVO	KINKS	RUSH	ZAPPA
EAGLES	LORDE	SANTANA	
FUGAZI	MOTORHEAD	TROGGS	
GENESIS	NAZARETH	ULTRAVOX	

DID YOU KNOW?

The male seahorse is the one who carries and gives birth to the babies. After the female seahorse lays her eggs in the male's brood pouch, he fertilizes and incubates them until they hatch and are released into the water.

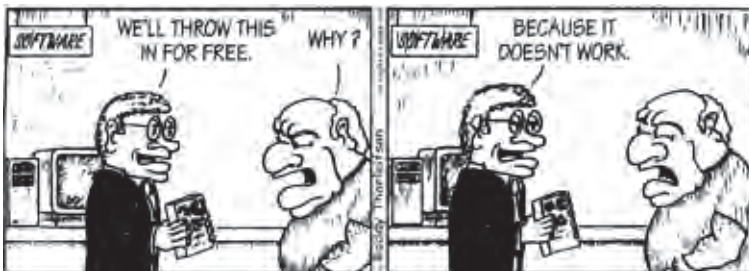
The platypus is one of the few mammals that lays eggs instead of giving birth to live young. It also has a unique feature in that it has venomous spurs on its hind legs.

The giant squid has the largest eyes of any animal in the world, measuring up to 10 inches in diameter. These eyes are so big that they are even larger than the eyes of some whales.

The star-nosed mole has a unique snout with 22 fleshy tentacles that are used to feel around and detect prey in the dark. It can even use these tentacles to identify objects by touch alone in less than a quarter of a second.

An electric revolution in wheelbarrows

Electric vehicles such as cars, bikes, and scooters are catching on. Now electric wheelbarrows are bringing the ease of power-assist to yards and worksites. Perfect for tasks where a loader or skid-steer is more machine than you need, but relying on human strength alone isn't practical, the electric wheelbarrow can make work go faster and save your back at the same time.



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The Nuthatch Adaptation

Chickadees live in flocks, giving them many watchers to protect the group. Nuthatches however, live in pairs, leaving them with a sentry shortage. Researchers studying bird communication discovered nuthatches could understand chickadee language when they played chickadee alarm calls. The nuthatches reacted to the danger as though a threat was nearby, even though they could not see a predator.



(electric wheelbarrow kit image courtesy of Grin Technologies)

Purpose built electric wheelbarrows aren't cheap, starting at more than \$1,000 for name brands such as Makita, but conversion kits are available so you can update your existing wheelbarrow with a powered front wheel to pull heavy loads, climb steep slopes, and generally speed up yard work.

Inexpensive offshore kits are available, but we recommend checking out Canadian-made options such as those offered by Grin Technologies (ebikes.ca), offering higher build quality, better customer service and sales support, and the satisfaction of supporting a close-to-home, B.C.-based business.

Your Horoscope

Aries - This May, embrace your inner farmer and tend to your garden. Your hard work will pay off with a bountiful harvest.

Taurus - It's time to slow down and focus on self-care this month. Take time for yourself and indulge in small pleasures that bring joy.

Gemini - Your changeable nature will be on full display this May, leaving all around you confused. Maybe flip a coin or something?

Cancer - Your mood swings will finally be recognized as a legitimate medical condition, but unfortunately, there's no cure.

Leo - Embrace your inner goddess and let your confidence shine. Take centre stage and share your talents with the world!

Virgo - This May, focus on creating a peaceful environment for yourself. A tidy and harmonious space will soothe your soul.

Libra - Your indecisiveness will come in handy when you're forced to choose between two equally terrible options.

Scorpio - It's time to get your hands dirty and work hard on a project that brings you joy. Rural living offers plenty of opportunities.

Sagittarius - Your wanderlust will finally be satisfied when you accidentally board a flight to North Korea.

Capricorn - Focus on building strong relationships with your community this May. The support and others can be invaluable.

Aquarius - Let your perspective shine this May. You have a powerful voice and important ideas to share, so speak up and be heard.

Pisces - Find serenity in the beauty of your rural surroundings. Appreciate the world around you and let it inspire your creativity.

South Cariboo Events in May

May 5 - 6 - Cariboo Women's Fair, South Cariboo Recreation Centre, 100 Mile House (Friday 5- 9pm, Saturday 10am - 4pm)

100 Mile Farmer's Market, 9am - 2pm, Fridays starting May 12 (265 Birch Avenue, 100 Mile Community Hall)

108 Heritage Site Market, 10 - 2pm - Saturdays starting May 20

May 13, 10am - 3pm - Tailgate/Yard Sale - 108 Heritage Site

May 17, 6 - 7:30pm - South Cariboo Astronomy Club 1st mtg (Cariboo Regional District Library 100 Mile Branch)

May 20, 10am - 3pm, Green Lake Artisan Market, 176 Green Lake Road South

May 27, 28, 10am - 3pm - Summer Fling of Homemade Things OAPO Pioneer Centre (beside LLH Thrift Store), Lac La Hache

About The Buzz

The Buzz is a division of Cariboo Publishing Inc. We gratefully acknowledge and celebrate that our business operates on the territory of the Secwepemc Peoples.

Our goal is to entertain and inform readers in the South Cariboo. We thank the local advertisers whose support makes our publication possible.

Tell us what you think at:
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Community Hall

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southcariboofarmersmarket.org



SUDOKU #2 (medium) SOLUTION

4	3	9	6	1	5	8	2	7
2	6	1	8	7	3	5	9	4
5	8	7	2	9	4	6	1	3
6	9	3	4	2	8	1	7	5
1	2	4	7	5	9	3	8	6
8	7	5	1	3	6	9	4	2
9	1	2	5	6	7	4	3	8
7	5	8	3	4	1	2	6	9
3	4	6	9	8	2	7	5	1

Word Finder Answers: Pop Music

